

MANOR HOUSE ACTIVITY PROGRAMME

	NO	ACTIVITIES	NEW	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		ACTIVITIES	NO
				AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM		
CRAFT	1	Pottery		10.00 - 1.00 Pottery 2		9.30 - 1.00/4.00		9.30 - 1.00/4.00		9.30 - 1.00/4.00		10.00 - 1.00 Pottery 2		9.30 - 1.00/4.00		9.30 - 1.00/4.00		10.00 - 1.00 Pottery 2		Pottery	1
	2	T Shirt Designing & Printing		2.00-5.30		2.00-5.30		2.00-5.30				9.30-1.00		2.00-5.30		9.30-1.00		2.00-5.30		T Shirt Designing & Printing	2
	3	Silk Painting				9.30-1.00						2.00-5.30				9.30-1.00				Silk Painting	3
	4	Make Your Own Jewellery		9.30-1.00				9.30-1.00						9.30-1.00		9.30-1.00		9.30-1.00		Make Your Own Jewellery	4
	5	Painting & Sketching								10.00-1.00		10.00-1.00						10.00-1.00		Painting & Sketching	5
	6	Card Making		2.00-5.30										2.00-5.30		2.00-5.30		2.00-5.30		Card Making	6
	7	Picture Framing & Glazing		9.30-1.00										2.00-5.30		2.00-5.30		2.00-5.30		Picture Framing & Glazing	7
	8	Pottery Transfers		2.00-5.30		2.00-5.30		2.00-5.30		2.00-5.30		2.00-5.30		2.00-5.30		2.00-5.30		2.00-5.30		Pottery Transfers	8
	9	Porcelain Painting		9.30-1.00		9.30-1.00				9.30-1.00		9.30-1.00		2.00-5.30		2.00-5.30		9.30-1.00		Porcelain Painting	9
	10	Candle Making		2.00-5.30				10.00-1.00				2.00-6.00		2.00-5.30				2.00-5.30		Candle Making	10
	11	Creative Embroidery						9.30-1.00												Creative Embroidery	11
	12	Glass Engraving		9.15-1.45		9.15-1.45		9.15-1.45		9.15-1.45		2.00-5.45		2.00-5.45		9.15-1.45		9.15-1.45		Glass Engraving	12
	13	Glass Painting				2.00-6.00		2.00-5.30		2.00-5.30				9.30-1.00		2.00-5.30				Glass Painting	13
	14	Patchwork										2.00-5.00								Patchwork	14
	15	Enamelling		2.00-5.30		2.00-5.30		2.00-5.30		2.00-5.30		2.00-5.30		2.00-5.30		2.00-5.30		2.00-5.30		Enamelling	15
	16	Hot Press Printing		9.30-1.00		2.00-5.30		9.30-1.00						9.30-1.00		2.00-5.30		9.30-1.00		Hot Press Printing	16
	17	Pyrography	NEW	2.00-5.30		9.30-1.00		2.00-5.30		9.30-1.00		2.00-5.30				9.30-1.00		2.00-5.30		Pyrography	17
	18	Woodwork (House Plaques)						9.00-12.45		9.00-12.45		9.00-12.45		9.00-12.45		9.00-12.45		9.00-12.45		Woodwork (House Plaques)	18
	19	Woodwork (Scroll Saws)						2.00-6.00						2.00-6.00		2.00-6.00		2.00-6.00		Woodwork (Scroll Saws)	19
BADMINTON	20	Badminton Competition		2.00-4.00		3.00-5.00				2.00-4.00		2.00-4.00		2.00-4.00		2.00-4.00		2.00-4.00		Badminton Competition	20
	21	Tennis Coaching				1.30-4.00		1.30-4.00				1.30-4.00		1.30-4.00		1.30-4.00		1.30-4.00		Tennis Coaching	21
	22	Tennis Competition		9.30-11.30		9.30-11.30		9.30-11.30		9.30-11.30		9.30-11.30		9.30-11.30		9.30-11.30		9.30-11.30		Tennis Competition	22
	23	Short Tennis Competition		4.30-6.00		3.30-5.00		4.30-6.00		4.30-6.00		4.30-6.00		4.30-6.00		4.30-6.00		4.30-6.00		Short Tennis Competition	23
	24	Table Tennis Competition		9.30-11.00		9.30-11.00		9.30-11.00		9.30-11.00		11.30-1.00		9.30-11.00		11.30-1.00		9.30-11.00		Table Tennis Competition	24
	25	Table Tennis Competition		9.30-11.00		9.30-11.00		9.30-11.00		9.30-11.00		11.30-1.00		9.30-11.00		11.30-1.00		9.30-11.00		Table Tennis Competition	25
BOWLS	26	Bowls Coaching						10.30-12.30				10.30-12.30				9.30-11.30				Bowls Coaching	26
	27	Bowls Competition						3.30-5.30						4.30-6.00						Bowls Competition	27
	28	Short Matt Competition		3.30-5.00		9.30-11.00								9.30-11.00				3.30-5.00		Short Matt Competition	28
	29	Target Bowls Competition		11.30-1.00						4.30-6.00		2.00-3.30				2.30-4.00		11.30-1.00		Target Bowls Competition	29
	30	Ice Curling Competition	NEW	9.30-11.30		2.00-4.00		9.30-11.30		2.00-4.00		9.30-11.30		2.00-4.00		9.30-11.30		2.00-4.00		Ice Curling Competition	30
	31	New kurling Competition		4.00-5.30		11.30-1.00		2.30-4.00		11.30-1.00		9.30-11.00		3.30-5.00		9.30-11.00		4.00-5.30		New kurling Competition	31
	32	New Age Bowls Competition						11.30-1.00						11.30-1.00		3.30-5.00				New Age Bowls Competition	32
RANGING	33	Archery		9.15 - 5.45		9.15 - 5.45		9.15 - 5.45		9.15 - 5.45		9.15 - 5.45		9.15 - 5.45		9.15 - 5.45		9.15 - 5.45		Archery	33
	34	JUNIOR Archery						3.00-5.00		11.30-1.00				2.45-4.45						JUNIOR Archery	34
	35	Air Pistol		9.00-1.00		2.00-5.00		9.00-1.00		2.00-5.00		9.00-1.00		2.00-5.00		9.00-1.00		2.00-5.00		Air Pistol	35
	36	Air Rifle		9.00-1.00		2.00-5.00		9.00-1.00		2.00-5.00		9.00-1.00		2.00-5.00		9.00-1.00		2.00-5.00		Air Rifle	36
	37	Laserclay Shooting		10.00-1.00		3.00-5.00		10.00-1.00		2.00-5.00		10.30-1.00		3.00-5.00		2.00-5.00		10.00-1.00		Laserclay Shooting	37
	38	Hatha Yoga										2.00-3.00				10.30-11.30		2.00-3.00		Hatha Yoga	38
	39	Pilates				4.00-4.45		4.00-4.45						9.30-10.15		9.30-10.15		3.15-4.00		Pilates	39
EXERCISE	40	Stretch & Relax		11.30-12.15								3.15-4.00				3.00-3.45				Stretch & Relax	40
	41	Strictly Fit				5.00-5.45														Strictly Fit	41
	43	AB-Attack						2.00-2.45						2.00-2.45						AB-Attack	43
	44	Zumba		9.30-10.15		11.15-12.00		9.30-10.15		10.30-11.15						9.30-10.15				Zumba	44
	45	Legs, Bums & Tums	NEW					3.00-3.45						3.00-3.45						Legs, Bums & Tums	45
	46	Tai-Chi				10.00-11.00		9.00-10.00						4.30-5.30						Tai-Chi	46
	47	Hula Hooping						5.00-5.45						10.30-11.15		11.45-12.30				Hula Hooping	47
	48	Rock N Roll Dancing										9.30-10.15								Rock N Roll Dancing	48
	49	Street Dancing										3.00-3.45				4.00-4.45				Street Dancing	49
	50	MJ Workshop				12.15-1.00						4.00-4.45						10.30-11.15		MJ Workshop	50
	51	Bollywood Dancing		10.30-11.15		10.30-11.15		10.30-11.15		10.30-11.15		10.30-11.15		10.30-11.15		10.30-11.15		2.00-2.45		Bollywood Dancing	51
	52	Aquarobics				4.30-5.30				4.30-5.30				3.00-4.00						Aquarobics	52
	53	Water Polo		2.15-3.00		2.15-3.00		2.15-3.00		2.15-3.00		2.15-3.00		2.15-3.00		2.00-2.45		2.15-3.00		Water Polo	53
54	Hydro Spa Sessions		9.30-1.00		2.00-6.30		9.30-1.00		2.00-6.30		9.30-1.00		2.00-6.30		9.30-1.00		2.00-6.30		Hydro Spa Sessions	54	
55	Swimming Coaching				2.30-3.30		2.30-3.30		2.30-3.30		2.30-3.30		2.30-3.30		9.30-10.30				Swimming Coaching	55	
56	Water Slides		4.00-5.00		11.30-12.30		4.00-5.00		11.30-12.30		4.30-5.30		11.30-12.30		4.30-5.30		4.00-5.00		Water Slides	56	
SPORTS	57	5 A side Football		3.45-6.00		3.45-6.00		3.45-6.00		3.45-6.00		3.45-6.00		3.45-6.00		3.45-6.00		3.45-6.00		5 A side Football	57
	58	Continuous Cricket		2.30-3.45		2.30-3.45		9.30-10.45		2.30-3.45		9.30-10.45		2.30-3.45		9.30-10.45		2.30-3.45		Continuous Cricket	58
	59	Rounders				9.30-10.45		2.30-3.45		9.30-10.45		2.30-3.45		9.30-10.45		2.30-3.45		9.30-10.45		Rounders	59
	60	Unihoc		9.30-11.00		11.00-12.30				11.00-12.30				11.00-12.30				9.30-11.00		Unihoc	60
	61	Basketball						3.30-5.00				4.00-5.00				2.00-3.00				Basketball	61
	62	Netball						2.30-3.30								3.00-4.00				Netball	62
	63	Volleyball				2.30-3.30				2.30-4.00				4.30-6.00		4.30-6.00				Volleyball	63
	64	Handball		11.30-1.00				11.00-12.30				11.00-12.30						11.30-1.00		Handball	64
	65	Dodgeball		2.00-3.30		4.00-5.30				4.30-6.00				2.30-4.00		11.00-12.30		2.00-3.30		Dodgeball	65
	66	Family Movie	NEW	5.00-6.30pm		4.30-6.10pm		8.00-9.00pm		4.30-6.40pm		8.00-10.15pm		5.00-6.30pm		8.00-10.05pm		4.30-6.40pm		Family Movie	66
67	8 Ball Pool Competition				4.30-6.00				9.30-11.00		4.30-6.00				4.30-6.00				8 Ball Pool Competition	67	
68	Xbox FIFA 2017 Competition	NEW	3.30-5.00				11.30-1.00		11.30-1.00						11.30-1.00		3.30-5.00		Xbox FIFA 2017 Competition	68	
69	Falconry						10.00-11.00				10.00-11.00								Falconry	69	
70	Photographic Guided Walk		9.30-1.00		1.30-5.00				9.30 - 12.30		1.30-5.00		9.30-1.00		1.30-5.00		9.30-1.00		Photographic Guided Walk	70	
71	Ice Skating	NEW	2.00-4.00		11.00-1.00				2.00-4.00		11.00-1.00		11.00-1.00		2.00-4.00		11.00-1.00		Ice Skating	71	
72	Roller Disco	NEW	11.00-1.00		2.00-4.00		11.00-1.00				2.00-4.00		11.00-1.00		2.00-4.00		11.00-1.00		Roller Disco	72	
73	Multi Sports Sim - ASHBURY	NEW			4.30-6.00				4.30-6.00				4.00-6.00								